

Jarrow FORMULAS, INCTM

Superior Nutrition and FormulationSM

1824 South Robertson Blvd.
Los Angeles, CA 90035-4317
310/204-6936 • 800/726-0886

Fax Numbers
Orders 800/890-8955
General 310/204-2520
Administrative 310/204-5132

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July 7, 1998

Dr. Elizabeth Yetley, Ph.D.
F.D.A.
Office of Special Nutrition
200 "C" St., S.W.
Washington, DC 20204

7/14/98

Please be advised that Jarrow Formulas, Inc. is marketing a product containing a "Structure and Function" statement on the label. According to the notification requirements set forth by the DSHEA (Dietary Supplement Health and Education Act, 1994) legislation, please be advised of the following:

Name of Product: CoQ10 Prosome, 60 softgels

Active Ingredient(s): Coenzyme Q10 (Ubiquinone)

Claim(s): "Pro-Liposomal Emulsion for Enhanced Co-Q10 Absorption." Co-Q10 is a vitamin-like molecule and is an important antioxidant in the inner membrane of all cellular mitochondria, where it participates in the electron transport system during energy production. It is found in high concentrations in heart and liver tissue. Co-Q10 is transported by low density lipoprotein (LDL) and works with other antioxidants to protect cholesterol from oxidation.

The following disclaimer appears on the label: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients. A compendium of relative published research substantiating the above statement(s) is on file at the corporate office.

Respectfully submitted,



Siddharth S. Shastri,
Director of Product Development

LET 1929

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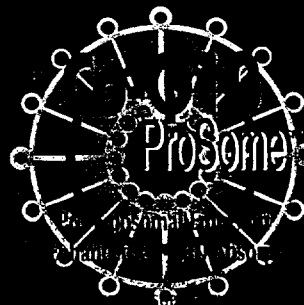
SUGGESTED USAGE: As a dietary supplement, take 1 to 4 softgels per day with food or as directed by your qualified health consultant.

Jarrow Formulas' **Co-Q10 ProSomeTM** is a pro-liposome emulsion that facilitates the formation of liposome spheres during digestion. Liposomes are essential for the absorption of lipid soluble nutrients such as Co-Q10.

Co-Q10 is a vitamin-like molecule and is an important antioxidant in the inner membrane of all cellular mitochondria, where it participates in the electron transport system during energy production. It is found in high concentrations in heart and liver tissue. Co-Q10 is transported by low density lipoprotein (LDL) and works with other antioxidants to protect cholesterol from oxidation.

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Supplement Facts

Serving Size 1 Softgel

	Amount per Softgel
Coenzyme Q10 (Ubiquinone)	30 mg
* Daily Value not established.	

Other Ingredients: Lecithin, medium chain triglycerides (MCTs), rice bran oil and ethanol (30 mg). Softgel contains carob as light barrier.

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Los Angeles, CA 90035-4317

PROD # 06010
Lot #: Best if used before:

